

## *Player Participation Grid*

<b>PLAYER</b>	<b>QUARTER 1</b>	<b>QUARTER 2</b>	<b>QUARTER 3</b>	<b>QUARTER 4</b>

**Equal participation is the goal; at a minimum, every player must participate in ½ of every quarter. Substitutions can only be made at quarter and half quarter breaks. At each half quarter break all players on the bench must enter the game. In the event a player gets injured or fouls out of the game, their playing time must be evenly distributed amongst the remaining teammates. See participation guide for allowed playing time per player based on either 10 or 8 minute quarters.**